



"A CRITICAL STUDY OF THE IMPACT OF THE CORONA EPIDEMIC ON THE SOCIAL, MENTAL AND EMOTIONAL LIFE OF THE PEOPLE OF MAHARASHTRA DURING THE LOCKDOWN PERIOD FROM MARCH 2020 TO JUNE 2020"

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Abstract: Human life has been plagued by thousands of diseases since its inception. Mankind has come a long way in overcoming them all. The plague of 1918 killed about 1.5 billion people. Billions of people die every year in the world. If you check the global mortality rate, someone dies somewhere in a second or 1.8 seconds. No one in this world was born with an immortal belt. So death is an inescapable truth. A few months ago, 12,000 to 25,000 people died of influenza in the United States. Each year, millions of people die in every country from pandemic, viral infections. Each year, about 1.5 million people worldwide die from viral infections alone. T. B. The disease kills 1.5 million people worldwide every year. Five lakh people die every year in India. Today, 27 lakh 90 thousand people in India are infected with TB. B. is infected. It is unknown at this time what he will do after leaving the post. If you look at the death toll and look at today's corona, corona is the mildest disease. The country was declared landlocked due to the Corona epidemic crisis and the impact of the lockdown was felt in every field as well as on the socio-emotional development of every individual. One can see that. The current paper is an attempt to focus a light on the impact of corona on socio-economic and socio-psycho impact of corona on Maharashtra during the lockdown period i.e. 2020, March to 2020, June.

Key Words: Corona, Epidemic, Pandemic, Lockdown, socio-economic, mental impact etc.

Introduction: There are lots of changes in human life since last two centuries due to technical development. Human made their life very easy and comfort on the basis of their knowledge and use of intellectual power. While using natural resources as the raw material for the technical growth, human forget that it is natural resources and they are limited and they cannot be generated artificial. Even, human being forget the power of nature since last few decades and nature has punished human through a small virus named Covid-19. The whole world is facing the pandemic situation due to corona virus. There are lots of losses of lives as well as economics too. Indian government has taken the decision of Lock down in Indian from 22nd March 2020. Maharashtra state faced highest number of covid-19 patients and due to lockdown, it has faced social stigma of economy, life and social structure too. The current work is a brief study of this lockdown and its socio-economic and psycho-economic impact on Human life of Maharashtra.

Objectives of Research:


- To examine the impact of the Corona epidemic on society during the four-month lockdown period from March to June 2020.
- To measure the impact of the Corona and Land down on people's social, mental and emotional well-being.

Methodology of the Study:

In the present research paper, the questionnaire has been prepared through Google Form and the answer from the respondent has been statistically analyzed through Google Form. In this research paper, the effect of statistical analysis, observation, and examination on the social, emotional and mental social life of the people has been studied clinically.

Background of the Corona Epidemic:

Corona is a common cold. Common cold is a common cold! In many texts it is referred to as Common Cold. This disease has happened to many people many times so far. And for some as a


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baby gets older, he or she will outgrow this. Padma Shri Dr. Raman Khandelwal had interviewed me on ABP four days ago. They work in the same field. He told very nice factual information about Corona. According to him, even if infected with the corona virus, 80 percent of people do not show any symptoms. The disease comes and goes away automatically in four-six days. 15 percent of people need general treatment. They too can be cured with simple treatment. In the case of five percent, however, the complex can form. But this five percent is the elderly, who have very modest immunity, who have diabetes, heart disease, TB. Or there is a similar disease in the past. Some of these people may die. This is the truth of Corona. That means the chances of about 95 percent of people dying from corona are almost negligible. Even simple treatments can cure it.

Brief information of the spread of corona:

The corona does not propagate through the air. So it is unscientific to wear a face mask when you are alone or there is no one around for a few feet. The size of the corona is one hundred nanometers. And you know how big the holes in your rag are. Friends! There were millions of viruses when we weren't, and there will be viruses even when we are not. All kinds of animals, birds, creatures, insects, bacteria, viruses in this universe are all integral parts of nature. You want to live your life with them. There are about 230,000 types of viruses in the world. You can't avoid them. So we have to make ourselves more powerful, powerful.

Anxiety and Stigma about Corona:

The death toll from many diseases is many times higher than that of corona. But the death caused by the corona is exploding. If a corona dies anywhere in the world, the news of it is spread all over the world through millions of media. A great fear has spread in the minds of the people. News of the death is being repeated. The numbers of well-to-do people are not focused.

Consequences of Fear and Anxiety:

When many psychologists surveyed the people of the society on the previous epidemic, it was noticed that the number of people who died due to plague, goddess, etc. was more than the number of people who died due to plague! Any companion, illness, situation has to be dealt with. Don't be afraid. He wants to fight it with full force. This is the humanity of man. But today it seems as if the work of spreading the atmosphere of maximum fear is being done deliberately. It has been made the subject of his breaking news. Since the common man does not know other things, they undergone of anxiety and fear.

Fear Trade:

The history is witness of the proverb 'The bigger the fear, the bigger the trade' History has shown time and time again who is doing this business. The biggest market in the world, if any, is the (health industry) healthcare business.

Identify of Power and Truth:

Science is based on truth and facts and power or government is based on perception. So we have to keep our eyes open for what science says, what research has done so far. If scientific facts are understood, the atmosphere of fear will disappear and a beautiful way of life will be found. Let us awaken the faith that creates the power to breathe freely in an atmosphere of freedom. Let us live a prudent life full of love, enlightened and guided by knowledge. This atmosphere of fear is not appropriate. He is not a scientist. Not based on truth. It is a market fund. We have to think about what the government says and what science says.

Reason of Death during Lockdown Period:

There are many reasons why people are dying. Corona is a common cold, so why are so many people dying? Such a natural question is being asked.

1. The answer is that people are always dying. They die all over the world. More people are dying from other diseases than are dying in the name of Corona. The worldwide figure is much lower than that of other diseases.
2. Italy where more people died because Italy has a higher number of older people. Older people die for some reason.



3. The most important part is that people are dying more because of the treatment methods. People who are treated according to the protocol on coronary artery disease are more likely to die because he is being beaten with unwanted drugs. As a result, the life force becomes very weak and then the body stops supporting. This means that the cure here is worse than the disease. Last year, two million people died of malaria in Italy alone. However, he did not show such news. His breaking news did not come; so, people don't know it. God forbid, but the death toll could rise further in Italy because so many people die of infections every year, income. L. Income. Influenza Lid Illness has killed more than 20,000 people.

Challenge to the Natural Process: Companions come and go famines, floods, earthquakes, etc. Natural things happen naturally. An epidemic is a balancing act of nature. When there is an excess of anything, there is an inequality in many things, something different happens in the cycle of creation, then such things happen and its balancing is done. This system is also a part of the natural law. The cycle of birth and death is continuous. Nature is not something in your hands. He is constantly creating different kinds of situations in front of us. Our lives, our lives, and our consequences depend on how we deal with that situation, how we respond to it, and how we respond to it.

The fact of virus: The virus is not a living personality. So can't kill him. It only shows biological symptoms once it enters the body. You cannot escape the virus. There are thousands and millions of viruses around you in your home! In fact, the virus is a companion in our nature. So what do you do? You can't stop the rain from falling like that. That doesn't stop the virus. So what do we do to protect ourselves from the rain? We use an umbrella. Builds a house forever. What do we do to avoid being attacked when the battle is on? We use a shield and the wind blows on it. Also, the first and last best solution is to use the shield called immunity in your body to fight the virus. Who can suggest this solution? Who can take it to the masses? This work W. H. O. Will not. This work will not be done by the Indian Medical Association. Only the Ministry of AYUSH can do this. Now the only hope is for the Ministry of AYUSH in India.

Data Collection & Analysis

In the present research, the questionnaire was prepared according to the research topic and the questionnaire was sent to the respondents through Google Form through Mail and WhatsApp. The questionnaire was filled by the respondent. . This is how the primary data collection method is used. In this research method, we have collected information in the most primary way. In this research, the secondary data collection method has been used very little. This includes articles from newspaper experts, articles from magazines, and information obtained through social media and Facebook. Very little secondary information has been used in the present research. This research paper tries to know the social, mental and emotional state of the people through the following questions

- 1) What age group do you belong to?
- 2) What do you think about the Corona epidemic?
- 3) How is the atmosphere in your family during the landdown period? B)

Family feuds are on the rise.

- 4) How to solve the problem of livelihood due to people down Have been created.
- 5) Due to lockdown, work stress has increased in the family
- 6) How the mentality of the child in the family has changed
- 7) Has the corona epidemic changed the doctor-patient relationship?
- 8) What should we do to face the crisis of Corona epidemic?
- 9) Who is most affected by Corona mamari?
- 10) What is the condition of the family due to corona?
- 11) Man bites away from man

Suggestions:

Natural Diet - This involves 40 types of nutrients in the body's cells. The diet should include things that meet all those factors .. those who do not need sleep. For this, one should practice Yoganidra or meditate daily wherever time allows. 'Reading and communication are essential for living a stress free life' Today, Coronani is all over the world. This is creating a lot of social problems. Efforts are being made in various countries to develop a suitable drug and vaccine for this viral disease of corona, and there is no doubt that it will be successful. But for now, the only way to prevent the spread of corona is through preventive measures and proper care. Lockdown is also an effective way. Corona's epidemic also requires physical health / fitness and mental health / fitness so that we can easily combat corona.

Conclusion:

Thus, in the present research, 32 respondents have responded and when analyzed, further conclusions are obtained.

1. The respondents in this questionnaire were from all walks of life, some were farmers, some were servants, some were students and some were housewives and all sections of the society were included.
 2. The proportion of women who participated in this research was 28 percent and the proportion of men was about 63 percent.
 3. According to question number one, the proportion of children in the age group of 12 to 18 years was 15 per cent, the proportion in the age group of 24 to 40 years was 67 per cent.
 4. According to Question No. 2, 56 per cent people are afraid of Corona epidemic. 31.3 per cent people think positively while 8.8 per cent people are worried.
 5. According to question number three, 40 per cent of the respondents think that the family atmosphere is smiling, while 37.5 per cent of the respondents think that the atmosphere is the same as before. Is up and zero percent of people think there are no family quarrels.
 6. According to Question No. 4, 53% of the respondents think that the financial budget of the family is deteriorating. While 28% of the respondents think that the income of the family has decreased due to lack of work. The question of the family's livelihood has become serious due to the loss of that job.
 7. As per question number 5, 5%, 53% of the respondents feel that the workload is heavier on women. . Question 8. According to Question No. 6, the respondents say that the children are irritated. 48% say that the children are laughing and playing. They are not affected.
 9. According to question number seven, a total of 60 per cent people say that there is a gap between the doctor and the patient, while 21 per cent people say that there is no communication left, because between the doctor and the patient and the doctor checks from a distance.
 10. According to question number eight, 56% of people say to think positively about corona epidemic, while 34% of respondents say to stay at home. Do yoga exercises and they say take hot water extract three times?
 11. According to question number nine, the respondents say that the corona epidemic is the highest in the family and 96 per cent of the elderly man, followed by other male and female children. That is what he is saying.
 12. According to Question No. 10, 56 per cent of the respondents said that the corona has destabilized the entire family, while 25 per cent of the respondents said that the situation is the same as before.
 13. Because of the Corona epidemic, 56% of respondents say that man has walked away from man. Man becomes suspicious, man is worried.
- The fact is that the research method presented in this way has created a great deal of instability in the social psycho-emotional state of many people by analyzing the information filled in the questionnaire through Google Form.

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